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JULY BIRTHDAYS

Jennifer R.	7/1
Raichell L.	7/1
Brandie B.	7/5
Brittany C.	7/5
Ed J.	7/5
Nichole C.	7/6
Norma R.	7/7
Jaunell S.	7/7
Brittany P.	7/9
La'Tricia J.	7/9
Sierra B.	7/10
Amber C.	7/10
Tracy W.	7/10
Stephanie B.	7/13
Michelle C.	7/14
Ruth S.	7/14
Carol S.	7/17
Jennifer P.	7/20
Eva R.	7/21
Briana J.	7/22
Chardee Y.	7/22
Tina B.	7/22
Tonya B.	7/22
Kanesha W.	7/24
Chanika F.	7/24
Angela H.	7/24
Deborah M.	7/24
Camille B.	7/30
Danielle L.	7/31
Daniel L.	7/31

JULY ANNIVERSARIES

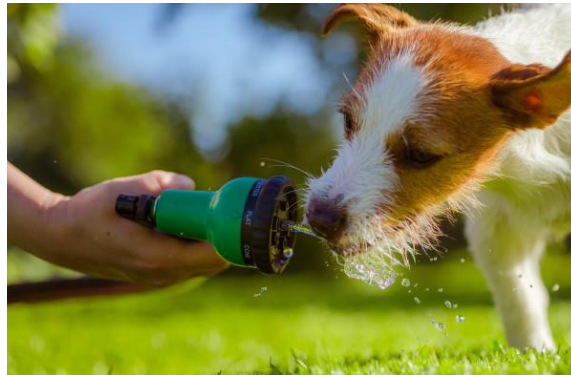
Tonya H.	6 years
Cynthia J.	6 years
Monica H.	5 years
Tanitha R.	2 years
Cassandra C.	2 years
Letiqua H.	2 years
Alicia W.	2 years
Cinderella S.	1 year
Velensia P.	1 year
Aaron H.	1 year
Christina T.	1 year
Amber E.	1 year
Tenise W.	1 year
Jennifer C.	1 year
Alfred H.	1 year

**HAPPY BIRTHDAY &
HAPPY ANNIVERSARY!**



Your position is our mission.

July 2018 NEWSLETTER



The hottest days of the year are here! That's right, the dog days of summer!! Funnily enough, that phrase doesn't have anything to do with actual dogs. The Greek's and Roman's believed when the brightest star in the sky, Sirius (also known as the Dog Star) would rise in the summer skies, he would bring on heat, fever, flooding, and thunderstorms. Most of those are true of course!

The most important thing during the summer months is to keep cool. Follow these simple steps to not overheat this summer!

1. The sun's rays are the strongest from 10a-4p. Limit your sun expose during those peak hours.
2. While outside, make sure to keep hydrated. You want to drink 6-12oz of water every 15 minutes.
3. Wear a hat and light colored and/or loose fitting cotton clothing.
4. Take a refreshing dip in a pool! Make sure to apply sunscreen 30 minutes before you head in.
5. On those really hot days, stay inside with the air conditioner: go to the movies, the mall or a museum!



Registered Nurses: Travel & Local Contracts; All Settings! Earn up to \$40 per hour or up to \$1800 weekly!! We have added additional states!

Medical Assistants: Did you hear about our increased Pay Rates; \$14-\$18 p/hr!!!

LPN's: Increased Pay Rates, set schedule and FULL TIME HOURS!!!

RN Specialties: ER, OR, ICU, HV1, LTAC, L&D, Stepdown, Med/Surg/Tele in a hospital setting.

RN Case Managers: Needed for hospitals and community based insurance company, these are long term contracts with INCREASED PAY RATES!!



Visit the Employee Portal if...

- You need more time slips.
- You need to view your paycheck stubs.
- You need to keep up your credentials.

Go to our website at www.altostaffing.com and click on the Employee Portal. Then type in the password. If you forgot the password, call or text us! 😊

National Ice Cream Month:



Here's the Scoop!

July is National Ice Cream Month and we challenge you to try as many new flavors of ice cream as you can!!! Step out of that comfort zone of just plain vanilla! (Guilty!!)

Did you hear about our **REFERRAL BONUS**?! Refer our next new employee and get \$200 in your hand! Fill out the Referral Bonus form from the Employee Portal on our website, turn it in, and sit back and wait for your money!!!



TIME SLIPS ARE DUE MONDAY BY 5PM. We are sorry; if you are late you will have to wait until next week's payroll.

