

# ALTO NEWSLETTER

## June 01, 2016

Health care professionals, as well as their patients, need an ADVOCATE too.

## EMPLOYEE OF THE MONTH



## Jennifer H., STNA

"Jennifer is always willing to pick up shifts, work doubles and even travel to our other clients, all while prepping for her STNA exam! - Chris A.

# Summer Events for You

The snow has melted and flowers are blooming, summer is finally here! Beautiful weather means exciting events are happening near you, check out these upcoming festivals:

Troy Strawberry Festival – June 04, 2016 Who doesn't love homegrown strawberries and supporting local?

Waynesville Second Saturday Street Faire - June 11, 2016 Enjoy arts, crafts, music and delicious food

Enon Pizza Festival – June 18, 2016 Taste the best pizza from local communities near you, music and more!

Rail Festival at Carillon Park – June 25<sup>th</sup> Dayton History and Carillon Park Rail & Steam Society are proud to present the 11th Annual Rail Festival at Carillon Park

# **Quotes from Hilarious and Famous Dads**

"Having children is like living in a frat house — nobody sleeps, everything's broken, and there's a lot of throwing up." — **Ray Romano** 

"Fatherhood is great because you can ruin someone from scratch." — **Jon Stewart** 

"You can tell what was the best year of your father's life, because they seem to freeze that clothing style and ride it out." — Jerry Seinfeld

"When I was a boy of 14, my father was so ignorant, I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much the old man had learned in seven years." — Mark Twain

# **HAPPY FATHER'S DAY!**



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# Loaded Chicken and Potatoes

1 cup Bacon
½ tsp Black pep.
1 lb Chicken Boneless Chicken Breast
2 tbsp Garlic Powder
1 cup green onion
6 red potatoes
2 tbsp Hot Sauce
1/2 tsp Black pepper
1 tbsp Paprika
1 tsp Salt
1/3 cup Olive Oil
2 cup Fiesta Blend Cheese



Loaded Chicken and Potatoes Casserole Stockpilingmoms.com

- 1. Preheat oven to 400 degrees.
- 2. Spray a 9X13" baking dish with cooking spray.
- 3. In a large bowl, mix together the olive oil, salt, pepper, paprika, garlic powder, and hot sauce.
- 4. Add the cubed potatoes and chicken and stir to coat.
- 5. Carefully scoop the potatoes and chicken into the prepared baking dish.
- 6. Bake the potatoes and chicken for 55-60 minutes, stirring every 20 minutes
- 7. While the potatoes are cooking, fry your bacon (about half a pound).
- 8. Once the potatoes and chicken are fully cooked, remove from the oven.
- 9. Top the cooked potatoes with the the cheese, bacon, and green onion.
- 10. Return the casserole to the oven and bake for 5 minutes or until cheese is melted.
- 11. Enjoy and you can serve with sour cream or ranch dressing, if desired.

## Become a Certified or Registered Medical Assistant!

Join a study and preparation class for the CMA (AAMA) or RMA (AMT) exam

> August 3rd-24<sup>th</sup> Wednesday Evening Class 6pm to 9pm

**Cost:** \$600; includes AAMA or AMT membership dues, All course materials, and certification exam

Free for Eligible Alto Health Care Employees: Must be a full-time employee for a minimum of six months

Held at our Dayton Office To register, email screamer@altostaffing.com

# **UPCOMING EVENTS**

CCMA Course	6/1-6/22
Father's Day	6/19
CPR/First Aid Class	
Dayton	6/14
Blue Ash	7/25
Walk in Wednesdays	6/1
	6/8
	6/15
	6/22
	6/29

## JUNE BIRTHDAYS

Jennifer H.	6/02
Kenya L.	6/04
Sharron G.	6/04
Claudia S.	6/08
Jacquelyn A.	6/10
Ariana D.	6/13
David P.	6/13
Chaizon W.	6/16
Zachary M.	6/18
Jerome D.	6/19
Destiny W.	6/22
Ryan M.	6/30

HAPPY BIRTHDAY!!

# Congratulations

Destiny W. Destiny interned during her Winter Semester and now joins the Alto team full-time as the Director of First Impressions Welcome to the family!

Random Fact: "Facebook Addiction Disorder" is a mental disorder identified by Psychologists.