



# ALTO NEWSLETTER

March 01, 2016

Health care professionals, as well as their patients, need an **ADVOCATE** too.

## EMPLOYEE OF THE MONTH



Star Anderson, CMA

*“Star was one of the best students I have ever had the pleasure of mentoring, and instructing.”*

*- Charlotte S.*

## Are you taking Advantage?

The snow is melting, the flowers are beginning to bloom and you should be taking advantage! Not of the new season, but of Alto’s rewards. Did you know your summer body could be paid for by Alto? We offer gym reimbursement up to \$20 a month. Get out there and work up a sweat, we’ll pay the bill.

Looking for new ways to earn cash? Refer a healthcare professional and receive a check right to your door. We offer referral bonuses for qualified health care professionals we can place and work with.

Thinking about continuing education? Alto now offers a CMA Prep Study Course for Medical Assistants. We can help you further your career and education at a reasonable cost for new employees. Full-time employees can grow with us at no cost!

## Walk for Woman’s Wellness

Alto is excited to sponsor the Walk for Women’s Wellness Fund at Kettering Medical Center Foundation, on May 1<sup>st</sup> from 11am-4pm. The Woman’s Wellness Fund makes it possible for medically underserved women in our community to receive breast imaging services and other cancer care at no cost to them. Over 15,000 women in the Greater Dayton area have benefited from the the generous contributions of their community, with nearly \$1.7 million raised by this special event.

As a sponsor, we invite all our employees and clients to join us in helping women in need attain the care they deserve. There is no fee for any of our employees or clients to attend, and additional contributions can be made individually through the WWF Fund.

To RSVP, please email [jmartinez@altostaffing.com](mailto:jmartinez@altostaffing.com) or call us!

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**HAPPY ST. PATRICK’S DAY!!**



Like us on FaceBook <https://www.facebook.com/CirrusConsultingOhio>



**#altostaffing**

# Luck of the Irish Four-Leaf Clover Fast Facts

- There are approximately 10,000 three-leaf clovers for every "lucky" four-leaf clover.
- There are no clover plants that naturally produce four leaves, which is why four-leaf clovers are so rare.
- The leaves of four-leaf clovers are said to stand for faith, hope, love, and luck.
- It's often said that Ireland is home to more four-leaf clovers than any other place, giving meaning to the phrase "the luck of the Irish."

## UPCOMING EVENTS

|                     |                        |
|---------------------|------------------------|
| CPR/First Aid Class | March 15 <sup>th</sup> |
| St Patrick's Day    | March 17 <sup>th</sup> |
| CPR/First Aid Class | April 20 <sup>th</sup> |
| Walk for WW         | May 1 <sup>st</sup>    |

## MARCH and FEBRUARY BIRTHDAYS

|              |                        |
|--------------|------------------------|
| Deshawn H.   | Feb. 4 <sup>th</sup>   |
| Acque E.     | Feb. 6 <sup>th</sup>   |
| Nicole M.    | Feb. 7 <sup>th</sup>   |
| Kelly S.     | Feb. 8 <sup>th</sup>   |
| Opal S.      | Feb. 11 <sup>th</sup>  |
| Meagan B.    | Feb. 12 <sup>th</sup>  |
| Barche L.    | Feb. 13 <sup>th</sup>  |
| Loretta T.   | Feb. 13 <sup>th</sup>  |
| Kenya C.     | Feb. 14 <sup>th</sup>  |
| Kenesha D.   | Feb. 14 <sup>th</sup>  |
| Angela J.    | Feb. 17 <sup>th</sup>  |
| Jane L.      | Feb. 19 <sup>th</sup>  |
| Olivia C.    | Feb. 19 <sup>th</sup>  |
| Miranda G.   | Feb. 20 <sup>th</sup>  |
| Priscilla J. | Feb. 21 <sup>st</sup>  |
| Phyllis J.   | Feb. 23 <sup>rd</sup>  |
| Sandra W.    | Feb. 23 <sup>rd</sup>  |
| Danielle D.  | Feb. 23 <sup>rd</sup>  |
| Alicia M.    | Feb. 25 <sup>th</sup>  |
| David S.     | Feb. 27 <sup>th</sup>  |
| Bobbie F.    | Feb. 27 <sup>th</sup>  |
| Dionne B.    | March 2 <sup>nd</sup>  |
| Billie C.    | March 3 <sup>rd</sup>  |
| Aisha T.     | March 3 <sup>rd</sup>  |
| Gwendolyn S. | March 5 <sup>th</sup>  |
| Emily E.     | March 6 <sup>th</sup>  |
| Juanita M.   | March 6 <sup>th</sup>  |
| Marsha F.    | March 9 <sup>th</sup>  |
| Rochelle M.  | March 15 <sup>th</sup> |
| Chelsy B.    | March 18 <sup>th</sup> |
| Karen S.     | March 21 <sup>st</sup> |
| Shanda M.    | March 23 <sup>rd</sup> |
| Amy H.       | March 24 <sup>th</sup> |
| LaTonya D.   | March 25 <sup>th</sup> |
| Sokha M.     | March 26 <sup>th</sup> |



### WALK FOR WOMEN'S WELLNESS and 5k Run



**Sunday, May 1<sup>st</sup>, 2 p.m.**  
 Kettering Medical Center Campus  
 3535 Southern Blvd., Kettering



### Walk/Run With Us ...

**Who**  
 You and your friends, family, or team

**What**  
**The Walk for Women's Wellness** will start at the Kettering Cancer Center.

**The 5K Run** will start at Kettering College located at 3737 Southern Boulevard, Kettering.

**When**  
**Sunday, May 1.** Registration begins at 1 p.m. with the Walk/Run to start at 2 p.m.

### Free onsite parking available

East side of Southern Boulevard across from Kettering College

### Shop the Vendor Mall

Open from Noon to 4 p.m. Take advantage of health information and boutique vendors with samples and unique merchandise for sale, including Mother's Day Specials.

Tickets will be for sale at the Registration Tent for raffle items.

Food trucks will be available.\*

Onsite bouncy house for the kids.

### How

Complete and submit the attached registration form **OR** register online at [kmcfoundation.org](http://kmcfoundation.org)

\*Cash and Credit Cards Accepted

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