



# ALTO NEWSLETTER

April 01, 2016

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Health care professionals, as well as their patients, need an **ADVOCATE** too.

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## EMPLOYEE OF THE MONTH



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Richard R, CNA

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*"Richard shows great care and compassion while caring for his residents, and they in turn look forward to seeing Richard on a daily basis"*  
- Tiffany L.

## Nurse's Week History

Many Nurses will rightly enjoy a week of appreciation May 6-12<sup>th</sup> but do you know where this highly celebrated week originated?

There is no question that Nursing is considered the front line of patient care. Nurses are the patients advocate and provide critical services that continue the well-being of our loved ones. No one is accredited with the pioneering of nursing more so than Florence Nightingale, a woman considered to be the founder of modern nursing.

During the Crimean war, Nightingale advocated sanitary conditions and safe practices, reducing infection and increasing survival rates of wounded soldiers. She is said to reduce the death rate from 42% to 2%, either from improvements made by herself or by calling the sanitary commission. Read more about her in this week's blog!

## Letter from the CEO – Happy Nurses Week

In honor of National Nurse's Week, I would like to take a moment to extend our heartfelt gratitude here at Alto Staffing to each and every nurse that has ever touched the life of someone in need. At some point in each of our lives, we have had an encounter with a nurse, and in most circumstances, rarely think twice about the hard work and dedication that is required to be successful in such a demanding field. From the school nurse handing out band-aids to endless scraped knees, to the critical care nurse in the ICU, to the travel nurses hundreds of miles from home, to the nurses in long term care helping with the last years of our loved ones lives, each of you play an integral role to societies' well being. As nurses, we give a little piece of ourselves to each and every patient we encounter. And the moment when we are feeling the hardest strain of our job, that is when we remember the beautiful puzzle we have completed with each little piece.

May each of you continue to enjoy your nursing career and to find satisfaction in all that you do for others. We cannot thank you enough for the hard work and dedication you show. From the entire staff here at Alto Healthcare Staffing, we truly appreciate you and may you have the happiest of National Nurse's Day!



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#altostaffing

# Thank You for Participating in the Walk for Women's Wellness!



## Become a Certified or Registered Medical Assistant!

Join a study and preparation class for the CMA (AAMA) or RMA (AMT) exam

JUNE 1-22<sup>nd</sup>  
Wednesday Evening Class  
6pm to 9pm

**Cost:** \$600; includes AAMA or AMT membership dues, All course materials, and certification exam

Free for Eligible Alto Health Care Employees:  
Must be a full-time employee for a minimum of six months

Held at our Dayton Office

To register, email [screamer@altostaffing.com](mailto:screamer@altostaffing.com)

## UPCOMING EVENTS

Cinco De Mayo	5/5
CPR/First Aid Class	
Dayton	5/13
Blue Ash	7/25
CCMA Course	6/1-6/22
Walk in Wednesdays	5/5
	5/12
	5/18
	5/22

## MAY BIRTHDAYS

Malkia B	5/02
Patricia K.	5/08
David T.	5/08
Sara B.	5/08
Sharia B.	5/10
Will G.	5/10
Tiffany F.	5/14
Chanel E.	5/14
Ellen L.	5/18
Kimberly C.	5/18
Yolanda S.	5/19
Teresa T.	5/21
Jasmine S.	5/22
Andre H.	5/26
Susan B.	5/27
James J.	5/28
Treva B.	5/28

HAPPY BIRTHDAY!!